

# ALCOHOL BEHIND THE WHEEL: INVISIBLE DANGER, REAL CONSEQUENCES

## INVISIBLE EFFECTS OF ALCOHOL



### THE "I FEEL FINE" FALLACY

Alcohol creates a "false sense of security" that shuts down danger perception and increases risk-taking tendency.



### YOUR DRIVING SKILLS WEAKEN INSTANTLY



Your reaction time increases, your vision narrows (tunnel vision), and your distance perception is impaired.



### SOBERING UP MYTHS VS. FACTS

Coffee, cold showers, or fresh air do not remove alcohol from the body; only time can do this.

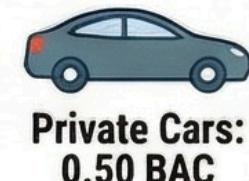
## BAC, LAWS AND CONSEQUENCES



### WHAT IS BAC?

It refers to Blood Alcohol Concentration (BAC) and changes depending on many factors.

### LEGAL LIMITS IN TURKEY



Private Cars:  
0.50 BAC



Other Vehicles  
(truck, bus, etc.):  
0.20 BAC

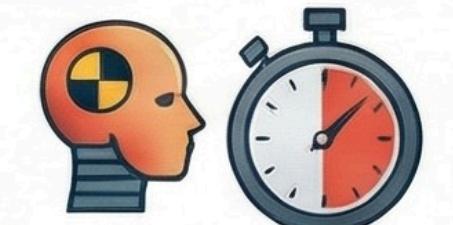
### 0.2 BAC

Attention begins to wander, ability to do two tasks at once decreases.



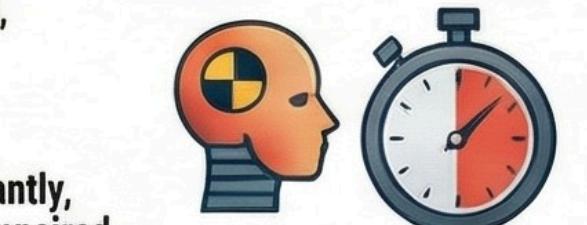
### 0.5 BAC (LEGAL LIMIT)

Coordination and judgment are impaired, reduced attention becomes obvious.



### 0.8 BAC

Reaction time slows significantly, ability to control oneself is impaired.



Balance and coordination are completely lost, obvious drunkenness begins.



### THE COST IS NOT JUST A FINE



Heavy penalties like license suspension, mandatory training, and prison sentences are applied.